

The guartz core of the watch has its own battery, can be used for 3 years. Please change the battery in time when you find the needles stops with crown poped in. Note: The clock time will synchronize with the time on your phone once paired.

English Version ----- 01 Deutsche Version -----

Use as Smart Watch Compatibility with Mobile

IOS 8.2 & above **Quick Start Guide**



2). To charge the watch, just put the back of the

1.Download the App

watch on the charging seat(the round edge in alignment), then connect it to a USB port, or a

USB charger(within 5V/2A) and plug the charger into power supply

1ª / USB CHARGER



4. OLED Display

Operation Menu Info Window

Main Menu Switch

5. Watch status Overview BT connected Do not disturb Scree locked BT connected 100 BT connected Do not disturb

status, as listed above.

slipping the lock from T2 to T1

Display off Any to

- 06 -

BT disconnected Screen locked BT disconnected When the OLED Screen is activated, press T1 touch area to check the watch state, the displays vary with the If the screen is locked (Set in App), long pressing either T1 or T2 can unlock the screen(recommended), or

Pointer Timing

Confirmation / Enter

BT disconnected

Submenu Switch

Tap either touch area to activate the screen, press T2 until the screen shows the pedometer icon, press T1 to check steps taken, press again to check distance covered, then calories burnt and then slept time 2. Stopwatch/Find Phone

- 08 -

Long press 0.2 \$ Continue = Pause Long press Reset - 10 -



The watch will not keep the record when the mileage is too short. Race- pace Press T2 to the sport menu, long press T1 to start, the screen will show the lasting time, you can check your

- 12 -

0:00:31

Any key or touch control to return

4. Activated through app

de

B.



Note: The heart rate and blood pressure monitoring are

It can't detect the heart rate and blood pressure when the battery power is low, please charge the battery first.

> -\\ Sunny

举

 \Diamond Light snow

 \Box

 \Diamond

only for daily reference and can't take as medical

diagnosis.

6.Weather View

Light rain 43 4 vitchover with APP unit setting The smart watch has alarm clock, you can set up the "Sedentary reminder", "Drinking reminder" and "Alarm clock

setting" on app to activate the alarm clock, you can also set

"Do not disturb" mode via app.(Go to "Comfit" app→Mine→ Comfit device→Do not disturb/ Sedentary reminder/

Go to "Comfit" app→Mine→Comfit device→Notice reminder

Go to "Comfit" app—Mine—Comfit device— Remote camera Press either T1 or T2 or shake your arm to remotely take

connection). Please go to "Comfit" app→Mine→Comfit device→Firmware version from time to time to check the

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Operating voltage: 3.8 V (low power reminder 3.3V) Working current: --- 100uA (open screen), 15mA (bright screen)

Standby current: 30 - 80uA (full function off)

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The wristband that comes with watch is made of a

flexible, durable elastomer material similar to that

traces of nickel and can cause an allergic reaction in

someone with nickel sensitivity, the amount of nickel

The buckle and frame on watch are made of stainless steel. While all stainless steel contains

in watch meets the European Union's stringent

nRF51802

- AL35E

5 mA

----- SR626SW

.... Silan Micro SC7A20 (3D)

.....BT 4.0

..... 0.49"

---- flat motor 0820

----- 1200 rpm

APP can upgrade the watch firmware (on BT

update and upgrade to the new version

Drinking reminder/ Alarm clock setting)

1). Receive calls/sms/sns notifications:

Other Features

2). Remote camera

3). Firmware update

photos

Hardware Configuration Solution: Quartz battery: Sensor:---

Bluetooth:----

Display OLED: ····

Specifications

Quartz movement: Heart rate sensor: Epco micro EM7028 Motor:----Battery: polymer battery 90mAh

Electrical parameters

Vibration current: ·····

Motor vibration frequency:

Warm Tips

used in many sports watches.

Nickel Directive.

Disclaimer

prevention and so on.

1. This product is not a medical equipment.

2. Both the watch and it's APP are unable to be used for diagnosis, treatment, or disease

3. If you want to change the exercise or sleep habit,

please be sure to consult with the qualified

4. Our company reserves the right to correct or

avoid any serious injury or death.

professional medical personnel in the first, to

improve any function described in this manual without making any advanced notice. 5. Our company is entitled to keep on updating the product contents. All relevant contents shall be subject to the real object.

Limited Product Warranty 1. We offer 30-day no worry return guarantee,and 1-year quality warranty for the tracker chipset

Warranty Policy

2. We do not warrant that the operation of the

Product will be uninterrupted or error-free. 3. We are not responsible for damage arising from failure to follow instructions relating to the Product's use.

Scan below QR code to download. or search " Comfit " in the Google Play or APP Store, Comfit 2.Charge

Remove the crown pause chock and push the crown

Pull out the crown, the needles will pause to run, rotate the crown clockwise or counterclockwise to calibrate

- 01 -

into the watch body, the needles will begin to run.

time, after adjustment, pop the crown in.

1. Set up

2.Time calibration

1). This watch is permanently in ON status until the polymer battery drains out, no switch to turn on/off. 10-29% 30-49%

70-89% 90-100%

- 03 -

50-69%

3. Pair with Smart phone SW310

1). Make sure your phone Bluetooth is on 2). Go to "Comfit" app, on the bottom toolbar, go to "Mine" tab.

3). Select "Comfit device", keep your watch light up and near your phone, you will find the device

Note: Please do not pair the watch from Bluetooth list

108235

Automatic switchover with APP unit setting

Sleep monitoring

name "SW310", tap to connect.

directly.

Time (24 hour)

0

Bluetooth state

21:05 Long press T2 touch- control to switch the digital dial. 1). Activate OLED screen

Press either T1 or T2 control area will activate the OLED screen, in any display interface, long press

The watch has 2 main interfaces, when it displays

one of the main interfaces, long press the T2

area can change it to another interface (except

the T2 area will lead to the main interface.

2) Change the main interface

when the watch is in sport mode) - 07 -**Functions Introduction** 1.Daily Activity Tracking & Sleep Monitoring

Calorie Steps Mileage - 09 -

shows ____, press T1 twice and the screen will show find phone icon, long press T1 and your phone will ring, press T1 again to stop your phone from ringing.

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real time heart rate, distances, and race-pace one by

one by pressing T1, long press T1 again to end sport

The watch will not save the record if the mileage is too

The watch can save at the most 15 workout records. if records more than 15, new records will cover previous The records will be uploaded to the app automatically

mode.

Note:

short

1) When the screen is on, press T2 until the screen

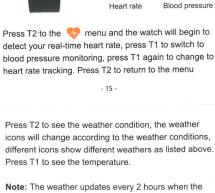
2) When the screen is on, press T2 until the screen

shows 🏭 , press T1 and the screen will show 🐧 long press T1 to begin timing, press T1 to pause temporarily, press T1 again to continue, and long press T1 again to stop. Press T2 to back to the menu.

once paired and you can check it in the "Sports" toolbar. You can't check the route and speed if sports mode is activated through smart watch .

Note: The watch and app can start sports mode at the same time, but will be shown on app as 2 different 5.Heart rate& blood pressure monitoring

T1



watch is connected to the app, if unconnected for more

Long press

1

Sit long reminder Dinking reminder Target reminde

The watch vibrate 2 times,

than 2 hours, the watch will display the update icon.

7.Healthy life reminding

Other reminders

5). Restart the Watch

4). Find watch "Comfit" app→Mine→Comfit device→Looking for device and the watch will bright and vibrate, press T1 or T2 to stop vibrating.

Press T2 to the 🚆 , press T1 4 times until it

Press T2 to the 🚆 ,press T1 5 times until it

shows 🔯 , long press T1 to restart the watch.

sport data and social messages.

6). Restore factory settings

Performance

Material process Upper cover material:-----

Suggestion:

up and down the wrist.

make sure your skin is dry.

shows K, long press T1 to restart the watch. This

feature is designed in case of system abnormality,

after restart, the watch system resets while reserves

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This will clear all data in the watch and disconnet the app from the watch at the same time. - 19 -

Bluetooth effective distance: 8-10 meters (empty environment) Watch sports data: save for 7 days (cycle coverage)

Server data: permanent save Battery life: ... 3 days High-consumption use: ···· Regular use: Energy-saving use: Quartz movement battery life: Waterproof level: Button life: 100,000 times 100,000 times Touch life: -

Buckle m rial 316L stainless steel Bottom cover material: 316L stainless steel Watch face: diameter1.7inch(43mm),thickness 0.55inch(14mm) International standard Net weight: ---- 58.0g (silicone tape) / 75.0g (Milan steel belt) - 21 -

1. Make sure the watch is not worn too tightly. The

2. Before putting the bracelet back on your wrist,

watch should be worn loosely and can be moved

Strap material: Silicone / Milan steel belt

.....zinc alloy

doctor before re-wearing if you experience or discomfort on your skin around.

Help & FAQs 1. Need technical support?

If you had a happy experience with us, welcome

re-wearing if the watch strap is wetted - for example, sweating or getting wet after showering. 4. Please remove your watch and consult your redness, swelling, itchiness, or any other irritation

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Find our step-by-step videos on You Tube by scanning the QR code on the box.

(main part).

Product Model: Label No.: Date of Purchase: Order No.: Defect Description:

Warranty Card

Product Name:

share your feedback/Product review. Not happy? We ask that before leaving negative feedback you contact our support team, we'll try our best to help. - 25 -

3. Let us know how we did.

2. Need customer support?

3. Please thoroughly rinse and dry before

Send us e-mails to the address listed on the box, or "contact seller" on amazon.